ST. ANN'S SENIOR SECONDARY SCHOOL, MUTTIKULANKARA OCTOBER MONTHLY CALENDAR 2025 – 26 THEME - SELF DISCIPLINE

DATE **ACTIVITIES** Sept 30- Oct 2 POOJA HOLIDAYS October 1-5 SEVANA VAARAM / ACTIVITIES RELATED TO THE THEME October 2nd GANDHI JAYANTI (HOLIDAY)- INTERNATIONAL DAY OF NON- VIOLENCE October 2-5 **EXCURSION FOR CLASSES X AND XII** PALAKKAD DISTRICT SAHODAYA BADMINTON CHAMPIONSHIP October 4th October 6 - 8 COMPUTER, G.K., MORAL/CATECHISM EXAM October 9th WORLD POSTAL DAY October 10-21 PT 2 EXAMINATION FOR CLASSES 1 TO 9 AND 11 October 18 & 19 SAHODAYA KHO KHO TOURNAMENT October 25th BAG FREE DAY -PROGRAMMES ON • TIME MANAGEMENT - LIMITING SCREEN TIME (CLASSES 6-8) PRACTICE OF POSTIVE HABIT BUILDING (CLASSES 1 - 2) PRACTICING MINDFULNESS - MEDITATION, DEEP BREATHING (CLASSES 9 AND 11) • SETTING PERSONAL SELF DISCIPLINE GOALS (CLASSES 3 -5)